

EXAMPLES AND ENEMIES

Read **Philippians 3:17-4:1**. What kind of example does Paul set? How can you follow his lead? What pattern was given to the Philippians?

Would you feel comfortable asking others to follow your example? Why/why not?

In Paul's day, what described the "enemies of the cross of Christ" (v.19)?

Do you see the same today? How?

As Christians, how are we set apart from those enemies?

LIVE WHAT WE LEARN

1. What parts of your past hold you back from running the race well? Confess them to God and accept His forgiveness. How can you better "press on" in your life (more time in God's Word, more prayer, overcoming a bad habit, repairing a relationship, etc.)?

2. Is there something in your "example" that needs a godly makeover? Identify one thing below and begin working on it this week.

PRAY

Pray that God will help you to keep perspective, keep moving, and keep focused—all so you can "win" the happiness He intends for you.



WINNING STUDY GUIDE | MAR 11

MAIN POINT

Winning, as defined by God, equals happiness.

ICEBREAKER

Talk about a significant prize or trophy you have received. When accomplishing something, whose example do you try to follow (could be a person or a personal quality)?

RUN THE RACE

Read **Philippians 3:12-16**. Paul often uses athletic imagery. How does he see his life as a race? Where does he see himself in that race? Where do you see yourself?

According to Paul, what things need to happen in order to win the prize? What is that prize? Which of those things do you need to concentrate on in your own race?

What is the problem with looking back during a race? Is there anything in your past that is keeping you from "straining toward what is ahead" (v.13)?

FOLD HERE THEN HOLE PUNCH