

main point

You can trust God, even when life is uncertain.

open up

Where in your life do you feel you have the ability and influence to make a meaningful difference?

trusting God

What can prevent us from trusting that “God’s Got This”?

Have your plans ever *not* panned out how you had imagined? In the midst of these unforeseen outcomes, how can we remind each other that God is still in control, and that He has a good plan in store? Share any encouraging verses that come to mind.

David chose to flee the city of Jerusalem, and take the Ark of the Covenant with him. This decision essentially meant that David was taking the presence of God away from the people. The results of this decision did not sit well with David.

Read 2 Samuel 15:22-26. What would compel David to send the Ark of the Covenant back to Jerusalem? What do you think this meant for him?

Describe a difficult but beneficial decision you’ve made, knowing it might be painful. How did you find the courage to make that decision?

Read Philippians 4:6-7. What emotions does this passage stir up inside of you? How can you receive the peace of God that’s always available?

What value does worry give our lives? How can we encourage one another to seek God over worry and uncertainty?

apply

David trusted God, knowing that it might not result in a happy ending. What can you do this week to place your trust in God, even through pain or a broken heart? How can you plan and dream, yet remain “open-handed” to God’s guidance?

challenge

Do you struggle with trusting that God desires what is best for you? Do you feel that maybe He is distant, or indifferent to your needs? Your challenge this week is to set aside a 30-minute block to meet with God. Ask Him to help you during this season of your life and faith. Ask Him to help you trust Him more, and to show that His plans are good and loving for you. Get real with God—He can take it.

pray

As a group, pray Psalm 86 aloud, dividing verses in a way that allows all members to read a portion of the psalm to God. Take note of each verse, and allow the psalm to be the voice of your heart to God—just as David composed it during his time of distress and uncertainty.