

Have you ever chosen worry over worship? What was the outcome?

Has God ever met you in the midst of your mess? If so, please share.

Give an example of God showing up in your life—but not how you expected.

How can we be more loving to others who are a “hot mess”?

### **APPLY**

What can you do this week to find rest and let God be your comfort and strength?

### **PRAY**

God, thank you for loving us right where we're at. Please remind us that you can make great things happen from our messes—may we trust you and rest in you. And Holy Spirit, we ask for strength to encourage others the same way you do for us. We ask this in Jesus' name, amen.



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### **MAIN POINT**

God wants to meet us in our mess.

### **OPEN UP**

How can we be considered a “hot mess”?

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### **PERFECTLY IMPERFECT**

**Read Romans 3:22-24.** None of us are perfect, but Christ loves us and died for us despite our imperfection. By contrast, how does our culture expect us to have it all together?

How can Christians also expect others to have it all together?

### **REST, STRENGTH, PURPOSE**

**Read 1 Kings 19:1-16.** How could Elijah—someone with such a strong relationship with God—still get overcome with fear? (vs. 3-5)

FOLD HERE THEN HOLE PUNCH

